



46TH ANNUAL CROSS CULTURAL CONFERENCE

REGISTRATION

FEBRUARY 29-MARCH 3, 2024 • GREENVILLE, SC • HILTON HOTEL

Theme

THE TIME IS RIGHT FOR EMBRACING TODAY,
EMPOWERING TOMORROW

Mid-Carolina AHEC, Inc.
Member of South Carolina AHEC



"Excellence in Health Care Through Education"

www.crossculturalactioncouncil.org



Hilton Greenville



CONFERENCE GOAL The Conference is designed to provide participants with the knowledge, skills and networking opportunities that will enhance the delivery and effectiveness of services in their respective professions.

WHO SHOULD ATTEND This conference is designed for persons working with diverse cultural groups including but not limited to: students, social workers, nurses, professional counselors, psychologists, physicians, attorneys, law enforcement, policy makers, educators, members of the clergy, criminal justice professionals, as well as other interested personnel.

CONTACT HOURS AND CONTINUING EDUCATION Mid-Carolina AHEC Inc. is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission of Accreditation. This continuing education activity, approval #1212-031-PR-305, is approved for 22 hours. Participants must attend 90% of the program in order to receive a certificate of attendance. No partial credit will be given. The conference will provide a total of 22 hours, 13 of which are social work hours for both licensing boards.



2024 STUDENT ACADEMY

SATURDAY, MARCH 2, 2024

THE TIME IS RIGHT FOR EMBRACING TODAY,
EMPOWERING TOMORROW

8:30-8:40

WELCOME

8:45-10:15

PODCAST TOOLKIT DISCUSSION

10:15-10:25

BREAK

10:30-11:45

PODCAST TOOLKIT DISCUSSION

11:45 - 1:45

OTIS A. CORBITT LUNCHEON

2:00 – 3:30

FINANCIAL LITERACY

3:30 – 4:30

GUEST SPEAKER

4:30 – 5:30

OPEN DISCUSSION/EVALUATION:
STUDENT SUB-COMMITTEE

2024 CONFERENCE AGENDA

THURS.
FEBRUARY
29TH

CONFERENCE REGISTRATION OPENS 2:30 pm

PRE-CONFERENCE WORKSHOPS

2:00 – 3:00

Aging Services 101: An Introduction to Resources for Seniors and Caregivers in South Carolina

FEDRICK A. WILSON, M.ED., M.DIV.

REGINA H. MOORE, BBA, MDIV, DMIN

KAY T. HIGHTOWER, J.D.

4:30 – 7:00

Client Violence: Keeping Yourself & Others Safe (3.0 social work hours)

JODI FLICK, MSW

UNC School of Social Work

This workshop addresses the problem of violence against health professionals, child welfare workers and mental health clinicians, with recommendations on both clinical and administrative issues regarding client dangerousness. The primary goal is to ensure the safety of practitioners, clients, and others involved. Training in preventing, recognizing, and intervening in these situations has been demonstrated to decrease incidents, decrease injuries, and increase staff confidence. Risk factors for hostile behavior will be discussed, with emphasis on those factors over which clinicians have influence. Guidelines for adequate assessment of a client's history and potential for violence are provided with handouts for use by clinicians in data-gathering. Special assessment of the dangerousness of persons with mental illness will be covered, along with cues for recognizing and intervening at each stage of escalating behavior. We will describe and practice appropriate practical interventions.

6:00 – 7:00

Race, Culture, and Mental Health

CARL E. JONES, PH.D., NCC

The focus of this forum will be to explore the philosophy, values, and commitment to cultural competency necessary for mental health professionals to be effective in serving culturally diverse populations.

FRIDAY
MARCH
1ST

8:30 – 9:45

OPENING PLENARY

SPEAKER

DR. B. DANINE J. FLEMING

Professor

Associate Chief Officer for Inclusive Excellence

Unconscious Bias Faculty Scholar

Medical University of South Carolina

Office of Equity



10:00 – 11:45

CONCURRENT WORKSHOPS

CLINICAL TRACK

LGBTQ+ Affirmative Counseling Best Practices: Identity Development and Processing PART I

DR. SARAH GERLOFF, PHD

Chief of Clinic-based Therapeutic Services Team 2

Part I will discuss gender brain and affectional orientation development. Participants will review case studies for children, adolescents, and adults to examine how gender brain and affectional orientation identity is developed and how environmental factors may influence identity wellness.

POLICY TRACK

Helping Individuals Maintain Employment through Individual Placement and Support (IPS): It's a Team Effort

PENNY LILES, MS, CRC, LCMHC

Individuals with a mental illness often need more support maintaining a job than obtaining one. Employment specialists develop a job support plan that outlines the support needed, who is going to provide the support, where the support will take place, and the frequency. Job support does not begin the day a person starts a job; it begins at the initiation of IPS. This session will discuss the importance of job support, specifically the first month of the job. Discover the extensive possibilities for job support and recognize what supports are most appropriate for various individuals. Also, hear how job support is a team effort with interventions provided by the IPS team, Vocational Rehabilitation, and behavioral health providers.

FAMILY / COMMUNITY TRACK

Synergizing High Reliability and Employee Wellness Programs to Reduce Burnout

SANDRA WALKER-HALLIMAN, MSN, RN, VHA-CM

*Health Promotion Disease Prevention Program Manager
Columbia VA Healthcare System*

The Healthcare workforce is increasingly experiencing burnout syndrome in today's settings. The integration of High Reliability Organizations and Well-Being Program initiatives navigates an innovative approach to advance cultural transformation and decrease individual and workforce burnout factors. This workshop will discuss how the development and implementation of employee wellbeing programs provides a foundation to increase employee satisfaction, engagement, and patient safety.

12:00 – 1:45

PRESIDENT'S LUNCHEON

SPEAKER

EDIL TORRES RIVERA, PHD, LPC, ACS

Professor & Latinx Cluster Coordinator

American Counseling Association President (2023-2024)

American Counseling Association Fellow

Association for Specialists in Group Work Fellow

Interventions Service & Leadership in Education (ISLE)

Wichita State University



2:00 – 3:45

CONCURRENT WORKSHOPS

CLINICAL TRACK

LGBTQ+ Affirmative Counseling Best Practices: Identity Development and Processing PART II

DR. SARAH GERLOFF, PHD

Chief of Clinic-based Therapeutic Services Team 2

Part II will discuss LGBTQ+ Affirmative Counseling Care and Ethical Practice. After building a comprehensive evaluation, participants will learn to build treatment plans using evidenced-based practices approved by the ACA for LGBTQ+ individuals. Participants will also discuss potential risks and ethical dilemmas when providing care to LGBTQ+ identifying persons.

POLICY TRACK

Intimate Partner Violence in the Veteran Population and Evidence-Based Interventions

CAROLINE L. BYRD, LISW-CP

Intimate Partner Violence Assistance Program Coordinator

Strength at Home Program Coordinator

White Ribbon VA Champion

Columbia VA Healthcare System

Intimate Partner Violence (IPV) is a public health problem that disproportionately affects the Veteran population. This workshop will explore risk factors in the Veteran population for both the use and experience of partner violence. We will also examine interventions, assessments and strategies commonly used throughout the VA for both users and those who experience IPV.

FAMILY / COMMUNITY TRACK

Social Determinants of Health Panel Discussion

There are many health factors that have the potential to impact longevity of life. This panel will discuss the social determinants of health as characterized by the conditions in the environment under which people are born, grow, live, work, and age and the fundamental drivers of these conditions.

KOBRA EGHTEDARY, PHD

State Health Improvement Office

SC Dept. of Health & Environmental Control

MONTY ROBINSON, MHA

Executive Director

Alliance For A Healthier South Carolina

LORENE S. GODBOLD, LMSW

Assistant Director of Access Health Pee Dee

McLeod Health

4:00 – 5:30

CONCURRENT WORKSHOPS

CLINICAL TRACK

Transgenerational Trauma:

The Burdens We Are Not Meant to Carry

TERANCE DAWKINS, LISW-CP

Missing Pieces Counseling Services

This workshop will discuss and comprehensively define Transgenerational Trauma, and strategies for breaking generational cycles. Participants will discuss the profound effects of transgenerational Trauma on individuals' mental health and their ability to engage in healthy interpersonal relationships.

POLICY TRACK

Legislative Panel Discussion

CLINICAL TRACK

A Cultural Transformation Approach in the Group Treatment of Addiction

SARAH E. WRIGHT, PSY.D., CST/S

*Licensed Psychologist, Certified Sex Therapist/Supervisor
Live Wright Now, LLC*

Substance use treatment often involves more than simply changing behaviors. This session will focus on the culture of substance use and addiction as a key factor to consider in group therapy. Exploration of relevant aspects of culture provides a foundation for applicable techniques. Experiential engagement in some exercises will solidify learning and prepare participants for integration into clinical practice.

POLICY TRACK

Human Trafficking: Equipping Service Providers to Increasingly Understand the Impact of Trauma and Addictions and Aid Survivors Heal

MICHELLE HARRISON, PH.D., LPCC-S (KY), LPC (SC), NCC

*Counselor, Director
Grace To Glory Counseling*

This presentation will provide an overview of human trafficking for service providers. The overview will include identifying the various types of trafficking and the where, how, and why it occurs, debunking common myths associated with human trafficking, and highlighting South Carolina law specific to human trafficking. Additionally, case examples of how service providers can increasingly be aware of the impact of trauma and addictions while serving trafficked survivors will be discussed. Evidence-based therapeutic approaches and interventions when working with survivors will be highlighted.

**FAMILY /
COMMUNITY TRACK**

Moving Along the Poverty Competence For Greater Effectiveness

MONIQUE CONSTANCE-HUGGINS, PHD, MSW, MPIA

*BSW Program Director
Associate Professor
Department of Social Work
Winthrop University*

Currently, about 12% of the U.S. population lives in poverty. This has serious implications, as poverty can compound the lived experiences of those living at the margins of rural context, race, gender, sexual orientation, and other marginalized status. Awareness therefore of our poverty competence is critical for providing effective social services to all individuals. This workshop seeks to strengthen the effectiveness of social service workers by highlighting the realities of poverty, addressing the stigma, and providing strategies to enhance poverty competence.

10:00 – 11:45

CONCURRENT WORKSHOPS

CLINICAL TRACK

Social Work Ethics and Clinical Implications

CHARISSA WOLFORD, LISW-CP, LAC, CS, MAC

*Clinical Supervisor
The Phoenix Center*

Ethics play a vital role in Social Work clinical practice. In this workshop we will review basics of social work code of ethics and how they differ from other various codes of ethics. We will review how social work ethics should be referred to and applied in practice and offer opportunities to discuss previous experiences. We will discuss how to utilize an ethical framework to resolve ethical dilemmas, the importance of clinical supervision, and other related topics.

POLICY TRACK

Empathy in Policing in the 21st Century: Training Law Enforcement to Look Beyond the Behaviors

AGENT SUMMER L. PEARROW, PHD CANDIDATE, MS, BA
Risk Management Specialist

South Carolina Department of Probation, Parole, & Pardon Services

This workshop will examine police history, statistics, forensic psychology, officer mentality and how to recognize situational bias, self-control, crisis communication, cultural sensitivity, and practical solutions to help officers practice empathy during public interactions and calls for service. This workshop is not only for law enforcement but can also help our community partners exam law enforcement officers from a place of humanity and understanding.

FAMILY / COMMUNITY TRACK

Taking the Power back from Bullies: Effective Techniques for dealing with Verbal & Cyber Bullies

JON D. BEAUMONT, LPCS

Beaumont Counseling Services, LLC

This presentation will introduce providers and practitioners to a unique strategy for dealing with verbal and cyber bullies in a more effective way. Attendees will also learn how adults can use these same techniques to deal with the more evolved bullies in today's society. Specific examples will be used to thoroughly illustrate how each step of this method is accomplished. Extra attention will also be given to specific tips on how to teach this method to children and adolescents.

12:00 – 1:45

SPEAKER

OTIS A. CORBITT LUNCHEON

E. VANESSA SPEARMAN-MCCARTHY, M.D.

*Internal Medicine and Psychiatry
Augusta University*



2:00 – 3:45

CLINICAL TRACK

CONCURRENT WORKSHOPS

Understanding How Parental Personal History Affects Personal Relationships with Their Child

ASHLIN BLUM, LISW-CP, BCBA

Empowered Family

Child rearing constantly changes across generations but one aspect that does not is the effect of parental influence on the parenting of the next generation. Although research continues to demonstrate parenting behavior is associated with child competence and challenging behaviors, little research has been conducted to understand how one generation affects the parenting of children in the generation which follows. Helping the parents and families understand the complexity of parental influence will increase family bonds and decrease challenging behaviors. As Social Workers, Counselors, Nurses, or care providers, using this information will allow better outcomes for the family."

POLICY TRACK

Mindful, Thoughtful, & Hopeful: Applying Trauma-Informed Care in Helping Professions

NATALIE SCHRADER GILSTRAP, LMSW, ADCP

This workshop will allow professionals to gain a basic understanding of what trauma is and how it can impact people. We will also discuss how healing is possible, what trauma informed care is, why it matters in helping professions and beyond, and, how it is the foundation of cross cultural work. This workshop will also discuss how to apply the 6 core principles of trauma informed care, and how to foster cultures of trauma informed care in their circles of influence.

**FAMILY /
COMMUNITY TRACK**

**Understanding Job Development within
Individual Placement and Support (IPS)**
PENNY LILES, MS, CRC, LCMHC

Individual Placement and Support (IPS) is an evidence-based model of supported employment for individuals diagnosed with a serious mental illness. When employment teams follow the IPS model, competitive employment rates are higher than other models of supported employment. Come learn how employment specialists explore work values, going beyond stated job interests, to identify an employment goal and outline a job search plan. If we only listen to people's stated interests without exploring what appeals to the person about that type of work or their work values, the chances of an unsuccessful job match are likely. Find out how employment specialists decide on what employers to contact and strategies for developing relationships with employers.

4:00 – 5:30

CONCURRENT WORKSHOPS

POLICY TRACK

**Building Bridges in Communication:
Disaster Preparedness/Diverse Populations**
CASSANDRA SLIGH CONWAY, PH.D., CRC, GCDF, APHR
*Professor, Rehabilitation Counseling
Grant Consultant
South Carolina State University*

This workshop will discuss community engagement and effectively working with diverse populations during disasters.

**FAMILY /
COMMUNITY TRACK**

**Blessed and Highly Favored: The Importance of Faith,
the Church and the Pastor when examining the
African American Grief Journey**
MILDRED WILLIAMS, PHD, MA., MA.
*Associate Professor of Psychology
Program Coordinator for MS in Counseling Psychology Program
Southern Wesleyan University*

This workshop will explore the Importance of Faith, the Church and the Pastor when examining the African American Grief Journey, thus supporting the clinician who serves the African American patient.

**SUNDAY
MARCH
3RD**

9:00 – 11:00

CLOSING PLENARY

**Military service and transitions:
A Perfect Storm of Resilience,
Vulnerability, and Risk**

NIKKI WOOTEN, PHD, LISW-CP

*Associate Professor
Coordinator, Social and Behavioral Health
with Military Members, Veterans and
Military Families Certificate program
University of South Carolina
College of Social Work*



BECOME A MEMBER TODAY!

Membership Application

Please complete the following membership form,
detach and mail with dues to:

MEMBERSHIP CHAIRPERSON, ACCMHS
P.O. BOX 1695 • COLUMBIA, SC 29202

Date _____ Membership expires _____

Name _____

Street _____

City _____ State _____ Zip _____

Tel. _____ Fax _____

Email _____

Company _____

All dues and contributions are tax deductible.

Professional disciplines:

Professional Organizations:

Identify Cross Cultural Issues of concern to you:

Are you willing to serve on an Action Council Committee?

How did you find out about Action Council?

Membership Fees

Dues	Type Membership	Check One
\$15	Senior Citizen (age 65+)	<input type="checkbox"/>
\$10	Student	<input type="checkbox"/>
\$20	Individual	<input type="checkbox"/>
\$50	Organization	<input type="checkbox"/>
\$35	Family (2 or more)	<input type="checkbox"/>
\$20	Board Member	<input type="checkbox"/>

Additional Name(s)

**Action Council For Cross Cultural
Mental Health and Human Services
P.O. Box 1695
Columbia, SC 29202**

THE ACTION COUNCIL FOR CROSS CULTURAL MENTAL HEALTH AND HUMAN SERVICES
2024 CONFERENCE REGISTRATION

CONFERENCE REFUND POLICY

Cancellation requests **MUST BE RECEIVED** by **MONDAY, February 3, 2023** to ensure a refund. An administrative fee of \$30.00 will be deducted from refunds. Substitutions are suggested instead of cancellations. ***There will be no refunds after the conference.***

We recommend that you register online at our website www.crossculturalactioncouncil.org.
<https://46thAnnualCCC>

PLEASE NOTE TICKETS ARE NOT REQUIRED TO ATTEND THIS CONFERENCE.

Name _____ Phone _____ E-Mail _____
Home Address _____ City _____ State _____ Zip _____
Employer _____ Work Phone _____ State _____
Employer's Address _____ City _____ Zip _____
Last 4 Digits SS#: _____ Special Accommodations _____

Registration by February 17th: \$275 Full Conference (\$265 Action Council Members)
Registration After February 17th: \$300 • On Site Registration: \$350 • One Day Registration: \$150
Student Registration: \$100 Full Conference / \$40 One Day

Individuals making on-site payment by State Agency Voucher System must bring a copy of voucher signed by approving authority as proof of payment.

We strive to host inclusive, accessible events that enable all individuals, including individuals with disabilities to engage fully. To request reasonable accommodations, please contact Tracy Richardson, AC Board Secretary at tracy.richardson@scdmh.org. Requests for accommodations must be received before January 15, 2024
COVID Policy: Masks are recommended.

Please complete all sections of the conference registration form and send it, along with payment or voucher, to:

The Action Council
P. O. Box 1695 • Columbia, SC 29202
Email: crossculture.action@gmail.com (or) Fax: 1-866-591-1820
Make Payable to: The Action Council • Visit our website at: www.crossculturalactioncouncil.org

46TH ANNUAL CROSS CULTURAL CONFERENCE

THURSDAY, FEBRUARY 29, 2024 - SUNDAY, MARCH 3, 2024

Hilton Hotel Greenville

45 West Orchard Park Drive • Greenville, South Carolina, 29615 • Reservations: 864-232-4747
<https://46thAnnualCCC>

ACTION COUNCIL
Post Office Box 1695
Columbia, South Carolina 29202

